



The MENU is designed for easy reference. There is so much knowledge & information contained in this production, there is no way a viewer can absorb all the information in just one viewing. I strongly suggest multiple viewings.

Part 1

1. Introduction (1:58)
2. About Andy Pilgrim (2:22)
3. Why This DVD Can Help Parents; Includes the PSA - Wake Up (3:33)
4. Proof of Change (2:57)
5. Introduction Recap (1:33)

Part 2

6. Interesting Survey Results (0:58)
7. Definitions, Clarifications & Driving Distractions (4:03)
8. Credibility for Parents & Adult Drivers (1:21)
9. Important Statistical Data (1:44)
10. Parent & New Driver Reality Check (1:37)
11. The Insurance Company Reality Check (0:34)
12. Inattention Blindness (1:38)
13. Peripheral Vision (0:28)
14. Dangerous & Vulnerable (1:56)

TAKE A BREAK

15. Driving is Different (0:25)
16. Troubling Trend (0:21)
17. Credit to Non-Distracted Parents & Adults (0:31)
18. PSA – Truth (1:15)
19. Obstacles to Change (12:49)
 - a) How Long Are Children in a Vehicle? (0:41)
 - b) There Have Always Been Driving Distractions (1:59)
 - c) “But it’s my job!” (0:52)
 - d) “I’m not a driver education teacher.” (0:18)
 - e) “Am I partly responsible?” (0:37)
 - f) “My child passed the driving test.” (0:22)
 - g) Illegal, DUI & Reckless Driving Issues (0:28)
 - h) “My child does great in school.” (0:31)
 - i) Driving Deserves RESPECT (0:40)
 - j) Impatience & Aggression (0:51)
 - k) Anti-Texting, Anti-Hand Held Phone Use Laws (0:53)
 - l) The Technology Problem (1:32)
 - m) Distracted Driving Culture (0:35)
 - n) Emotional Bonds with Technology (1:02)
 - o) Dangers of Smartphone/Device Use at Red lights (1:09)
20. Analysis of a Collision (3:33)
21. PSA – Reality (2:28)
22. Collisions & Crashes Responsibility & Ownership (7:21)

Part 3

Section 1

23. Newborns to Children in Booster Seats (6:46)

Section 2

24. For Parents of 8-14 Year Olds (1:25)
25. Mobility Curriculum for Elementary & Middle Schools (3:58)
26. Encourage Children to Speak About Distracted Driving (0:41)
27. Listen to the Children (2:28)

Section 3

28. Starting the Learning to Drive Process (1:43)
29. Important Points BEFORE Parents Sign Off on Driving Permit (0:21)
30. Make Sure Your House is in Order (1:42)
31. Graduated Drivers License (GDL) Requirement Information (0:14)
32. The Driving Talk (4:03)
 - a) Guardian Principles of Mobility
 - b) Fundamental Understandings of Driving
 - c) Safe House and Alarm Word
33. Commentary Driving (4:10)
34. Anticipation (2:19)
35. Partial Recap & Summary (1:24)
36. Supervised Driving (1:16)
37. Concentration & Focus (0:50)
38. Complacent Adult Driving Issues (2:11)
39. Preparing for the Road (1:50)
40. What is a Glance? (0:19)
41. Vehicle Pedal Offset Variance (0:48)
42. Dual Controls (0:09)
43. Extra Mirrors & Reminders (0:34)
44. Pre Driving Safety Checks & 3-2-1 GO (0:40)
45. Before Starting Off - The Basics (0:27)
46. Mirror Adjustment (2:25)
47. Supervise Like You Mean It (0:48)
48. Getting On the Road (2:45)
 - a) Automatic & Manual Transmission (0:24)
 - b) Steering & Braking (0:30)
 - c) ABS Brakes (0:28)
 - d) Stability Control (0:17)
 - e) Traction Control (0:22)
49. After First 5 Hours of Supervised Driving (0:49)
50. After 20 Hours of Supervised Driving (0:47)
 - a) Night Driving Info (0:10)
 - b) Merging (0:25)
51. After 40 Hours of Supervised Driving (5:34)
 - a) Supervised Driving Info & Recap (0:48)
 - b) Vanishing Point (0:17)
 - c) Target Fixation (0:28)
 - d) Fake Right Situation (0:31)
 - e) Constant Speed Control (0:17)
 - f) Tailgating (0:19)
 - g) Adverse Weather & Night Driving (0:41)
 - h) Left Seat Commentary (0:58)

Section 4

52. Probationary Driving Periods & Laws (0:55)
53. Important Recap Information (0:58)
54. Peer Pressure (1:01)
55. Passengers (0:41)
56. Seat Belts (0:11)
57. Technology Issues (2:28)
58. Helpful Apps and Devices (1:08)
59. Always Give Children an Out (1:22)

The Driving Zone 2 Chapter Menu

1. Introduction (3:06)
2. The Word Accident (0:35)
3. What is Distracted Driving? (2:15)
4. Physical Distractions (5:57)
Physical Distractions Content List
 - Passengers
 - Emotions
 - Blocking Mirrors/Passengers
 - Appropriate Shoes
 - Loose Objects
 - Eating & Drinking
 - Mirror & Dash Ornaments
 - Smoking
 - CD Holders, etc.
 - More Passenger Distractions
 - Close Relationships
 - Animals
 - Shaving & Makeup
 - Phone Use
 - Texting
 - Reading Papers, Books, etc.
 - Young Children in the Vehicle
 - Multiple Passengers
 - GPS
 - Sunglasses
 - Prescription Eye Wear
5. Mental Distractions (2:53)
Mental Distractions Content List
 - Conversations with Passengers
 - Loud Music
 - Searching for Music/Smart Devices
 - Arguing
 - Extreme Emotions
 - Phone Conversations
 - Fatigue
 - Daydreaming
 - Out of Control Passengers
6. More on Texting (2:10)
7. Combined Distractions (0:26)
8. Seat Position (0:18)
9. Seat Belt Use (0:22)
10. Both Hands on the Wheel (0:26)
11. Impaired Driving/Peer Pressure (1:38)
12. Parents and Distracted Driving (2:53)
13. Using Your Senses (4:46)
14. Situation Awareness (1:22)
15. Reason: To Drive Distraction Free (1:12)
16. 3-2-1 GO (2:45)
17. Prepare to Drive (0:55)
18. Attitude & Emotion (0:29)
19. Prepare to Drive Summary (0:32)
20. Chapter 20 - Driving Situations (11:29)
Driving Situations Expanded Menu
 - Speed Limits / Speeding (0:38)
 - School Zones (0:16)
 - Construction (0:10)
 - Red Light Runners (0:16)
 - Intersections & Turning (1:08)
 - Downtown Driving (0:13)
 - Erratic Lane Changes (0:15)
 - Turn Signals (0:14)
 - Blind Spots (0:18)
 - Sun Glare (0:13)
 - Railroad Crossings (0:21)
 - Cellphone & Hands free Use (0:51)
 - Merging (0:58)
 - Low Eyes, Eye Scanning & Target Fixation (1:20)
 - Freeway Driving (0:39)
 - Motorcycles, Stop Sign Runner & Cyclists (0:59)
 - Safety Zones (0:32)
 - Tailgating (0:19)
 - Trucks (0:45)
 - Exiting Freeways (0:21)
21. Road Surfaces (0:45)
22. Night Driving (0:29)
23. Adverse Weather (0:33)
24. External Distractions (1:09)
25. Analyze the Trip (0:38)
26. Dangerous and Vulnerable (0:47)
27. Collision Scenario (5:19)
28. Conclusion (1:14)

